

Interlude for Gratitude by Jim Burklo

Thankfulness is the fruit of humility
and gratitude plants the seed of deeper humility
that opens hearts and minds to more
for which to be grateful

Giving thanks to another human being
ennobles the giver and the receiver
dignifies everyday exchanges
and clears the way for love

Giving thanks for what is received
from a source beyond human beings
invokes a personal relationship with the universe:
humanizes the cosmos
divinizes the human

Thanksgiving transforms -
transubstantiates -
that which is given and received:
dead matter
expresses living spirit

The first "thank you"
marked a revolution...
a turning point
in the evolution of consciousness:
the moment when "it" became "you"

Because
there is
no "thank"
without "you"